



Public Involvement – Local District Wellness Policy

George I. Sanchez permits and encourages public involvement in our Local Wellness Policy development and implementation. Therefore, George I. Sanchez Charter Schools shall invite a variety of stakeholders within the general public to participate in Local Wellness Policy processes. The wellness policy website will be utilized to notify the general public of the opportunity to participate in these processes.

George I. Sanchez Charter Schools will ensure public involvement in the Local Wellness Policy process to promote transparency and inclusion. Therefore, George I. Sanchez Charter Schools encourages the general public to be a part of the Wellness Policy Committee. George I. Sanchez Charter Schools also encourages participation by members of the school community, including teachers, food service professionals, administrators, health professionals, and school board members. Responsibilities of Wellness Policy Committee members may include policy development, implementation, and review. **To join please contact Yesenia Aguirre, Child Nutrition Director at (713) 929-2315 or yaguirre@aama.org**

Assessments

Under the Healthy, Hunger-Free Kids Act of 2010, assessments of the Local Wellness Policy must occur no less than every three years. George I. Sanchez Charter Schools shall conduct assessments of the Local Wellness Policy every three years. These assessments will:

- Ensure the wellness policy follows compliance with USDA, State, and Local rules and regulations
- Compare George I. Sanchez Charter Schools wellness policy to model wellness policies
- Measure the progress made in achieving the goals as outlined in the George I. Sanchez Charter Schools wellness policy.

The Wellness Policy Committee must update the Local Wellness Policy as appropriate to fit the needs and goals of George I. Sanchez Charter Schools. George I. Sanchez Charter Schools shall make the following available to the public:

- The Local Wellness Policy, including any updates to the policy, on a yearly basis
- The triennial assessment, including progress toward meeting the goals outlined in the wellness policy

Through the following channels:

- The wellness policy website, that will be utilized to notify the general public of the wellness policy updates.
- Board of Education Policy Readings.
- Board of Education Public Meetings.

Wellness Policy: Triennial Assessment Summary

Month and Year of Current Assessment: June 2021

School Name: George I. Sanchez Charter Schools

Grades: 6-8 and 9-12

I. Public Involvement:

We encourage the following to participate in the development, implementation and evaluation of our wellness policy.

- School Food Service Staff
- School Health Professionals
- P.E. Teachers
- Students
- Parents
- School Board Members
- Public

In charge of compliance: Yesenia Aguirre, Child Nutrition Director.

We make our policy available to the public at, <https://www.aama.org/about-aama/public-documents/>

I. Nutrition Education:

- Our district's written Wellness Policy includes measurable goals for nutrition education.
- We offer standards-based nutrition education in a variety of subjects.
- We offer nutrition education to students in, Middle School and High School.

II. Nutrition Promotion:

- Our district's written Wellness Policy includes measurable goals for nutrition promotion.
- We promote healthy eating and nutrition education with signage, use of creative menus, posters and bulletin boards.
- We place fruits and vegetables where they are easy to access, in the serving line.
- We ensure students have access to hand-washing facilities prior to meals.
- WE only promote and advertise nutritious foods and beverages on school grounds.
- We offer fruits, vegetables and grains in A la Carte **Smart Snack** items.
- We have nutritional standards for food/beverages served at school parties, celebrations and events.
- We prohibit the use of food and beverages as a reward.

III. Nutrition Guidelines:

- Our district's written Wellness Policy addresses nutrition standards for USDA reimbursable meals.
- We operate the School Breakfast program in the classroom.
- We follow all nutrition regulations for the National School Lunch Program (NSLP).
- We operate an Afterschool Snack Program.
- We operate the DoD Fresh Fruits and Vegetables Program.
- We have completed all the required Professional Standard Trainings.
- We have adopted and implemented **Smart Snacks** nutrition standards for ALL items sold during school hours, including A la Carte offerings.

IV. Physical Activity:

- Our district's written Wellness Policy includes measurable goals for physical activity.
- We provide physical education for middle school during a term/semester.
- We require physical education classes for graduation.
- We provide opportunities for physical activity integrated throughout the day.
- Teachers are allowed to offer physical activity as a reward for students.
- We offer before or after school physical activity, such as competitive sports.

V. Other School Based Wellness Activities:

- Our district's written wellness policy includes measurable goals for other school-based activities that promote wellness.
- We have school district staff who are CPR certified.
- We have community partnerships which support programs, projects, events or activities.

VI. Progress Report:

- George I. Sanchez Charter Schools offers free breakfast and lunch to ALL students, through CEP and SSO programs. Breakfast is offered in the classroom for all students.
- During the start of COVID-19, Spring of 2020, we offered breakfast and lunch meals to all our students and community. Pick up was offered.

VII. Contact Information:

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This institution is an equal opportunity provider.