# George I. Sanchez Charter Schools – BREAKFAST MENU

# May

FEED YOUR CREATIVITY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| 2<br>WG Cereal<br>Granola<br>Craisins<br>100% Fruit Juice<br>Assorted Milk | 3<br>WG Muffin<br>Whole Fruit<br>100% Fruit Juice<br>Assorted Milk | 4<br>WG Cinnamon Waffle<br>Fruit Cup<br>100% Fruit Juice<br>Assorted Milk | 5<br>WG Sausage Kolache<br>Whole Fruit<br>100% Fruit Juice<br>Assorted Milk | 6<br>WG Cereal<br>Granola<br>Fruit Cup<br>100% Fruit Juice<br>Assorted Milk |
| 9<br>WG Cereal<br>Granola<br>Craisins<br>100% Fruit Juice<br>Assorted Milk | 10<br>WG Muffin<br>Whole Fruit<br>100% Fruit Juice<br>Assorted Milk | 11<br>WG French Toast<br>Fruit Cup<br>100% Fruit Juice<br>Assorted Milk | 12<br>WG Sausage Kolache<br>Whole Fruit<br>100% Fruit Juice<br>Assorted Milk | 13<br>WG Cereal<br>Granola<br>Whole Fruit<br>100% Fruit Juice<br>Assorted Milk |
| 16<br>WG Cereal<br>Granola<br>Craisins<br>100% Fruit Juice<br>Assorted Mil | 17<br>WG Muffin<br>Whole Fruit<br>100% Fruit Juice<br>Assorted Milk | 18<br>WG Cinnamon Waffle<br>Whole Fruit<br>100% Fruit Juice<br>Assorted Milk | 19<br>WG Sausage Kolache<br>Fruit Cup<br>100% Fruit Juice<br>Assorted Milk | 20<br>WG Cereal<br>Granola<br>Whole Fruit<br>100% Fruit Juice<br>Assorted Milk |
| 23<br>WG Cereal<br>Granola<br>Craisins<br>100% Fruit Juice<br>Assorted Milk | 24<br>WG Sausage Pancake Bites<br>Fruit Cup<br>100% Fruit Juice<br>Assorted Milk | 25<br>WG French Toast<br>Whole Fruit<br>100% Fruit Juice<br>Assorted Milk | 26<br>WG Sausage Kolache<br>Whole Fruit<br>100% Fruit Juice<br>Assorted Milk | 27<br>Have a Great Summer! |
| 30<br>Memorial Day | 31 | | | Celebrate SCHOOL LUNCH HERO DAY May 1 |

## Announcements:

**DAILY OFFERINGS:**

**Choice of:**

**1% Milk**

**Non-Fat Chocolate Milk**

**100% Orange Juice**

**100% Apple Juice**

**Whole Fruits**

**Vegetables**

***Menu is subject to change, based on availability.**

square meals
Food and Nutrition Division
Nutrition Assitance Programs

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
This product was funded by USDA.
This institution is an equal opportunity provider.

Updated 1/1/2021
www.SquareMeals.org

# George I. Sanchez Charter Schools – LUNCH MENU

# May

FEED YOUR CREATIVITY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| 2<br>WG Baked Chicken<br>WG Bread Stick<br>Romaine Lettuce/Tomato<br>Mashed Potato<br>Fruit Cup / Whole Fruit<br>Assorted Milk | 3<br>WG Beef Cheese Burrito<br>Broccoli<br>Romaine Lettuce/Tomato<br>Whole Fruit<br>Peaches<br>Assorted Milk | 4<br>Chicken Sandwich<br>Sweet Potato Fries<br>Romaine Lettuce/Tomato<br>Whole Fruit<br>Pears<br>Assorted Milk | 5<br>WG Chicken Flautas<br>Romaine Lettuce/Tomato<br>Pinto Beans<br>Whole Fruit /Mixed Fruit<br>Assorted Milk | 6<br>WG Pepperoni Pizza<br>Carrots<br>Romaine Lettuce/Tomato<br>Whole Fruit<br>Pineapple<br>Assorted Milk |
| 9<br>Spicy Chicken Sandwich<br>Sweet Potato Fries<br>Romaine Lettuce /Tomato<br>Peaches/ Whole Fruit<br>Assorted Milk | 10<br>WG Chicken Nuggets<br>WG Bread Stick<br>Romaine Lettuce/Tomato<br>Carrots<br>Pears / Whole Fruit<br>Assorted Milk | 11<br>Cheeseburger<br>Seasoned Fries<br>Romaine Lettuce/Tomato<br>Whole Fruit<br>Mixed Fruit<br>Assorted Milk | 12<br>WG Beef Cheese Burrito<br>Pinto Beans<br>Romaine Lettuce/Tomato<br>Whole Fruit<br>Fruit Cup<br>Assorted Milk | 13<br>WG Pepperoni Pizza<br>Broccoli<br>Romaine Lettuce/Tomato<br>Whole Fruit<br>Pineapple<br>Assorted Milk |
| 16<br>WG Chicken Tenders<br>Mac N Cheese<br>Romaine Lettuce/Tomato<br>Broccoli<br>Mixed Fruit / Whole Fruit<br>Assorted Milk | 17<br>WG Baked Chicken<br>Pinto Beans<br>Romaine Lettuce/Tomato<br>Whole Fruit<br>Peaches<br>Assorted Milk | 18<br>Cheeseburger<br>Sweet Potato Fries<br>Romaine Lettuce/Tomato<br>Whole Fruit<br>Pears<br>Assorted Milk | 19<br>Hot Dog<br>Mixed Veggies<br>Romaine Lettuce/Tomato<br>Whole Fruit<br>Fruit Cup<br>Assorted Milk | 20<br>WG Pepperoni Pizza<br>Carrots<br>Romaine Lettuce/Tomato<br>Whole Fruit<br>Pineapple<br>Assorted Milk |
| 23<br>WG Chicken Nuggets<br>WG Bread Stick<br>Romaine Lettuce/Tomato<br>Mashed Potato<br>Peaches / Whole Fruit<br>Assorted Milk | 24<br>WG Beef Cheese Burrito<br>Pinto Beans<br>Romaine Lettuce/Tomato<br>Whole Fruit<br>Pears<br>Assorted Milk | 25<br>WG Chicken Flautas<br>Broccoli<br>Romaine Lettuce/Tomato<br>Whole Fruit<br>Mixed Fruit<br>Assorted Milk | 26<br>WG Pepperoni Pizza<br>Carrots<br>Romaine Lettuce/Tomato<br>Whole Fruit<br>Pineapple<br>Assorted Milk | 27<br>Have a Great Summer! |
| 30<br>Memorial Day | 31 | | | Celebrate<br>SCHOOL LUNCH HERO DAY<br>May 1 |

## Announcements:

**DAILY OFFERINGS:**

Choice of:

1% Milk

Non-Fat Chocolate Milk

100% Orange Juice

100% Apple Juice

Whole Fruits

Vegetables

*Menu is subject to change, based on availability.

square meals
Food and Nutrition Division
Nutrition Assitance Programs

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
This product was funded by USDA.
This institution is an equal opportunity provider.

Updated 1/1/2021
www.SquareMeals.org